

Tab Ramos, 2008 US Youth Soccer Hall of Fame Inductee

The son of a professional soccer player, Tab Ramos has soccer in his blood and a strong history of playing, coaching and giving back to US Youth Soccer. At age 11, his family moved from Uruguay to America, and at age 12, he began playing with Thistle FC, proud member of New Jersey State Youth Soccer Association and US Youth Soccer.

In his youth, Ramos led his high school, St. Benedict's Prep., to a state championship and was a two-time All-American. At the end of his high school career, he held the record as the New Jersey High School leading scorer with 161 career goals; the record still stands. His soccer career continued to mount as he went on to play collegiate soccer at North Carolina State University where was a three-time All-American.



Ramos joined the ranks of the Under-20 Men's National Team when he was 15. He earned his first cap six years later in 1988, when he also played for the USA Olympic Team in Seoul, South Korea. He continued his career with the National Team, raking up 81 caps and competing in three FIFA World Cups until 2000 when he retired.

Pioneering the way for professional soccer players in America, Ramos was the first to sign with Major League Soccer (MLS), and he played for the New Jersey/New York Metro Stars for seven seasons. He was an MLS All Star in 1996, 1998 and 1999, and retired from professional soccer in 2002.

With his playing days behind him, Ramos began giving back to the game by coaching. He currently holds a USSF "A" License.

Ramos coached the NJSA 04 Gunners to win the US Youth Soccer National Championship (2008), the US Youth Soccer Region I Championships (2007 and 2008) and the US Youth Soccer New Jersey State Championships (2005, 2006 and 2007).